

TOWN OF NEW CASTLE NEW HAMPSHIRE

OFFICE OF THE SELECT BOARD

ISLAND ITEMS

NOVEMBER 2022

VOLUME 146

TOWN ADMINISTRATOR APPOINTED



The Town is pleased to announce the formal appointment of Lori Ruest as New Castle's first Town Administrator. Many residents already know Lori from her position as New Castle's Town Accountant. Lori was previously the Town Administrator for Hampton Falls, NH, and served in a number of municipal positions for Hampton Falls, including Town Administrative Assistant and Municipal Bookkeeper.

Lori's office will be in Town Hall and she will work 3 days per week, Monday, Tuesday and Wednesday. Please stop by and welcome Lori when you have the chance.

NEW BOOKKEEPER APPOINTED

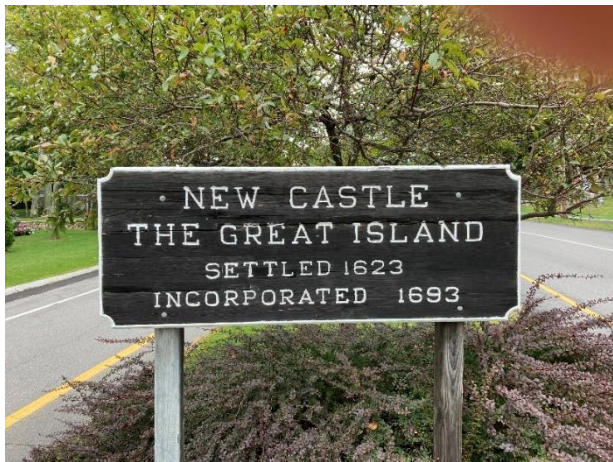


Sara Ouimet has joined the Town of New Castle as Bookkeeper and will report to the Town Administrator, Lori Ruest.

Sara comes to the Town with an extensive background in general bookkeeping including accounts payables and receivables, payroll and monthly reconciliations. She will also handle water and sewer accounting and billing for the Town. She is a resident of Eliot, ME.



The Select Board Meetings on the first Monday of each month, effective November 7, 2022 will now be at 11:00 am. The third Monday of each month's Select Board Meeting time will remain the same time, 7:00 pm, Town Hall, 49 Main Street, New Castle, NH 03854



NEW CASTLE SIGN

There is interest in the Town to add a line to the existing New Castle town sign (see attached photo) located in the center island by the Riverside Cemetery. The added line would be: "SITE OF THE FIRST SHOTS OF THE AMERICAN REVOLUTION".

Official proof has been provided that Ft. William and Mary (later renamed Ft. Constitution) was the site of a raid on December 14-15, 1774, 4 months before the battle in Lexington and Concord in April, 1775.

Options being considered include the added line to be located at the bottom of the existing sign or the creation of a new sign. Suggested wording for the sign is being reviewed.

It has also been requested that whatever sign is agreed upon, a duplicate sign be erected at the Rye-end of the island on land owned by the hotel (which has given permission for this sign).

The Town is interested in any feedback about the proposed changes to this sign. You may attend a Select Board meeting or send your comments to any of the Select Board members.

New Castle Select Board Meeting- October 17, 2022

**Town Landing, Hart's Cove,
Lower Wentworth Road**

Cracking wise a few years ago, one resident asked another, "Why is there no town landing at the town landing?" The wiser of the two residents, Dave Borden, after a few years' thought, approached the wisecracker, Charlie Tarbell, and said, "let's see what the selectmen think". Last December they approached the selectmen with the idea and were encouraged to look into it. A meeting with a marine contractor produced a proposal for a pier and float system about at the center of the waterfront on the property known as the "Town Landing", between the Hart House on Hart's Cove and the UNH pier.

The, now dated, proposal came in at just under \$200 thousand dollars.

New Castle is an island community surrounded by water. Other than the kayak launch on Goat Island and a few other obscure access points, there is no truly public access to the water. It is quite common, if not universal, for towns and cities all along the coast to have a "Town Pier". The vision is to have a fairly robust landing for transients and residents (with a sticker) to tie their dingy, land their boat temporarily for a crew change or for residents to board the Gundalow or small passenger vessel for a special event. The Select Board asked that the townsfolk be informed of the idea and see if it is worth pursuing. If there is interest, perhaps there could be a vote on the proposal at the next Town Meeting.



FROM THE TOWN CLERK'S OFFICE

Greetings from Lisa, Jennifer and BJ! We are continually amazed at how busy our little office can get and want to thank you for your patience while waiting. We are up and running with our new software system (Avitar) that interfaces with the State DMV and are very pleased with its performance. There are many transactions that require personal identification at the Town Clerk's office, so please remember to bring your license or other appropriate government issued ID with you.

Important Dates from the Town Clerk's Office

October 31, 2022	Last day to Register to Vote in person before Election Day (11/08/22)
November 8, 2022	ELECTION DAY – Office Closed
November 9, 2022	Office Closed – Post Election Reporting
November 24, 2022	Office Closed – Thanksgiving
December 26, 2022	Office Closed – Christmas Day observed
January 2, 2023	Office Closed – New Year's Day observed

We wish all of you a very happy and healthy holiday season!

We look forward to seeing you at the Town Hall.

Green Waste Date: November 19, 2022, 8:00 am to 11:00 am



Please remember to bring your green waste to Green Waste Days **ONLY**. No other dumping of green waste or any other waste is permitted in the area behind the Public Works Building or anywhere else inside of the Great Island Common.



GREAT ISLAND 400 CELEBRATION-2023

As co-chairs of New Castle's upcoming 400th anniversary, we'd like to inform all residents about some of the upcoming events planned for next summer.

The Garden Club has organized the planting of daffodils all over town and will be holding the "Secret Gardens of New Castle" tour on June 17.

Also in June, there will be Living History Demonstrations with many artisans and re-enactors on the Great Island Common, June 24-25. This will be followed by a barn dance Saturday evening, held outdoors weather permitting.

The Historical Society will be publishing a new book about the history of New Castle by J. Dennis Robinson and will continue to beautify the garden area next to the Historical Society on Main Street.

There will be an enhanced 4th of July parade with many new elements as befitting a 400th year anniversary of the settlement of the town. Please speak to Nancy Borden or Peter Rice for more details.

The Cemetery Trustees will be improving the looks of the Frost Cemetery as the oldest known cemetery in town.

There will be various talks/lectures to raise awareness of our history as the first settlement in New Hampshire in 1623 along with the very popular walking tours of the village area of the town. All these groups need volunteers so please reach out to them, or us, to find out where you could help. More details will follow in upcoming Island Items.

Co-Chairs: Dawn Lake, Curt Springer and Carol White



Thanksgiving Pie Sale!!!

Pie, pie, pie, me oh my, do we love pie! The New Castle Congregational Church Guild members will once again hold a holiday pie and cake sale. We hope that we can bring a little bit of deliciousness into the homes (and tummies) of our community. We will offer three kinds of pie: pumpkin, pecan, or apple, all lovingly baked by our wonderful Guild members, along with Swedish Almond Cakes. The pies will all be 9 inches, enough for eight servings, and will be selling for \$20.00 each. They will be available for pick-up in the parish hall between 9:00 and 12:00 noon on Wednesday, Nov. 23, 2022. Please specify if you would like a gluten free pie. If you would like to order a pie or cake (or one of each!), you can do so either by filling out the form below and sending it, along with a check made out to NCCC Guild to:

Marilyn Walker P.O. Box 504, New Castle, NH 03854 no later than Friday, November 18.

or by email: marilynwalker0226@gmail.com

or by phone: 603-548-8987

e-mail and phone orders can be paid for at pick-up

Don't need a pie? Donations are gratefully accepted. All proceeds to benefit local charities.

# Of pies	Type	Amount (\$20.00 each)
_____	Pumpkin	_____
_____	Pecan	_____
_____	Apple	_____
_____	Meatless Mincemeat	_____
_____	Swedish Almond Cake	_____
	Total	_____
Name _____		
Phone # _____ email _____		



On September 26, I had the great honor to present the Boston Post Cane to Phyllis Crosby, recognizing her as the oldest resident in New Castle at the age of 93.

For over a century, it has been the practice to designate the oldest resident in hundreds of New England towns as the holder of the Boston Post Cane. The publisher of The Boston Post newspaper, Edwin Grozier, started this practice in 1909 as an advertising promotion. He gave out 700 canes to towns (not cities) in NH, ME, MA and RI to be held by the oldest resident while they lived. Until 1930 they went to the oldest male resident. The newspaper went out of business in 1956 but some towns keep the tradition alive.

The canes were crafted by J. F. Fradley Co., using African ebony, with a 14 karat gold head and a ferrule at the tip. The head is engraved as “presented by The Boston Post to the oldest citizen of (name of town) to be transmitted.” For many years, towns actually loaned their cane but that led to the loss of canes over the years. Now it is typical to keep the cane on display and present a proclamation.

At the main entrance to the New Castle Town Hall, on the immediate right-hand wall, is a case which holds the cane and information about the most recent honorees.

Carol White, Town Historian

New Castle Congregational Church Guild

Morning Coffee ...a Christmas Fair Tradition!



For 75 years, the New Castle Congregational Church Guild has held a village Christmas Fair.

Offerings at the fair include eye-popping holiday wreaths and greens, hospitality baskets chock full of themed goodies just perfect for a ready-made gift, gently used Christmas décor known as Red Elephants, the ever-popular jewelry table with baubles and bangles that will be sure to jazz up your holiday wardrobe, not to mention a Candy Store, Baked Goods table, a spectacular Silent Auction, copies of the New Castle Cookbook (a perfect gift), and the fabulous Craft Tables with items hand made by members of the New Castle Congregational Church Guild. To top that, Santa and his elf will be visiting between 10:00AM and noon!

One of the most popular traditions of this long-running fair is Morning Coffee. Shoppers can sit a spell and enjoy coffee or tea as well as a tray of goodies to share with a friend or family member.

We will also offer our ever-popular lunch with chowder, lobster rolls, hot dogs and chips. With such great fortification, you will be able to power shop!!

The fair will take place on Saturday, December 3 from 8:00 AM until 1:30 PM at the New Castle Recreation Center, 301 Wentworth Road (Route 1B). Please be sure not to miss this unique Christmas Fair! For information, call: 603-373-8088

New Castle Congregational Church Village Christmas Fair

NEW CASTLE CONGREGATIONAL CHURCH VILLAGE CHRISTMAS FAIR

HOLIDAY GREENS ORDER FORM



Traditional Wreath

This classic Christmas Wreath includes pine cones, berries, grasses and a cardinal, apple or other ornamental accent.



Shell Wreath

The perfect coastal home Christmas wreath features shells, starfish, berries and sprigs.



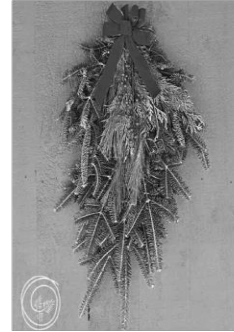
Williamsburg Wreath

Our Premier offering includes pine cones, berries, lotus pods, everlasting fruit and magnolia leaves.



Boxwood Tree

These miniature trees are approx 12" - 15" high and are individually decorated for the season.



Swag

Holiday swags of mixed greens with red berries and choice of bow.

PAYMENT: Please make checks payable to NCCC Guild and mail to NCCC Guild, c/o PO Box 2023, New Castle, NH 03854, or call 603-498-5868, or email: palenz@comcast.net

PICK UP: at the New Castle Congregational Church Village Christmas Fair, Saturday December 3rd, 8am - 1:30pm, New Castle Recreation Building. If you are unable to pick up or have any questions please call Etoile Holzaepfel at 436-3676.

Each wreath is individually made and similar to the styles pictured. Larger sizes and special orders are available upon request. All proceeds from the Christmas Fair support the historic Church in the center of town and other local charities.

PLEASE RETURN THIS ORDER FORM BY FRIDAY NOVEMBER 18TH WITH YOUR CHECK, OR CALL 436-3676 IF YOU ARE UNABLE TO MAKE THE DEADLINE

Name : _____
Email : _____
Phone : _____
Special Request (bow color or pattern) : _____

Item	Price	Quantity	Total
Traditional Wreath	\$45		
Shell Wreath	\$45		
Williamsburg Wreath	\$50		
Boxwood Tree	\$30		
Swag	\$30		
GRAND TOTAL			

November 2022

New Castle Public Library

Always read something that will make you look good if you die in the middle of it. ~P.J. O'Rourke

Your library has many books and opportunities to help you “look good”. In addition to an up-to-date collection of books and other resources, the library has a wide variety of programming. We have ongoing programs including knitting group, cookbook club, library book group, men’s book group (meets every other month), bridge, adult art classes, community reads, learn-to-play Mahjong, winter discussion series... In September we added drop-in Mahjong on Wednesdays from 3-5pm.

The library and recreation committee have teamed up to co-sponsor a Healthy Living series. This program focuses on health and well-being and includes exercise and informational programs. We started with Strength & Conditioning and Introduction to Yoga – both have been extremely popular. Most of us work harder when we exercise with a group, and it is certainly a lot more fun. In September we launched a walking group on Thursday mornings and then we walked the Great Island 5K together. This winter we will host a series of presentations and discussions related to healthy living.

And for our young families, we have story times on Thursday and Saturday mornings, 1000 Books Before Kindergarten, after school book groups, and holiday programs.

Over the past year we’ve had some requests for large print books. We are in the process of replacing older, dated books with new titles (they are all proven winners!)

Please call or stop in at the library if you have any questions. We’d love to tell you more about our collection, museum passes, and programs.

New Materials at the Library:

New Books: *Mercury Pictures Presents* by Anthony Marra, *Reminders of Him* by Colleen Hoover, *6:20 Man* by David Baldacci, *Ink Black Heart* by Robert Galbraith, *It Girl* by Ruth Ware, *Horse* by Geraldine Brooks, *Verity* by Colleen Hoover, *House Across the Lake* by Riley Sager, *Measure* by Nikki Erlick, *All Good People Here* by Ashley Flowers, *Dinners With Ruth* by Nina Totenberg, *Family Remains* by Lisa Jewell, *Fox Creek* by William Kent Krueger, *Marriage Portrait* by Maggie O’Farrell, *Other Birds* by Sarah Addison Allen, *People We Keep* by Allison Larkin, *Portrait of an Unknown Woman* by Daniel Silva, *Wrong Place Wrong Time* by Gillian McAllister, *Mad Honey* by Jodi Picoult, *Our Missing Hearts* by Celeste Ng, *Winners* by Fredrik Backman, ...

New Audio Books on cd: *Codebreaker* by Walter Isaacson, *Apples Never Fall* by Liane Moriarty, *Round House* by Louise Erdrich

Happy Reading! Christine Collins, Library Director





Work on three Safepath projects is well underway.

The TAP Grant - this path between Beach Hill Road and Pit Lane, had a temporary setback due to Covid but is once again underway. This summer the lilac shrubs crowding 1B were removed. CMA Engineering is in the late stages of determining the safest route between Beach Hill Road and Pit Lane. They are working closely with the homeowners on that stretch. The granite ledge blocking sight lines at Shaw's Circle will be removed with the owner's permission. We are projecting that very soon CMA will make a presentation to the Select Board. Soon after the Community will have a chance to review and comment on the plans.

The Commons - A conceptual design for the path linking Rodgers Blvd and Beach Hill Road has been sent to CMA engineering for drawings that can be used to price out the project. We anticipate getting those drawing this fall. This project includes removing, relocating and replacing the existing fence. Because of a shortage of engineers, and long lead times, it is difficult to forecast a construction time. As more details become available, we will keep you posted.

Pit Lane to the Causeway - A public survey was completed indicating overwhelming support for continuing to create Safepaths along 1B. We have engaged Ironwood Design to develop conceptual drawings. These drawing will help us start the conversation about what we want and what is feasible. They should be available this fall.

We will continue to update the Safepath page on the Town's web site as more information becomes available. Thank you to everyone has donated to Safepath. Your donations allow us to move forward.



Have you ever wondered what the Great Island Garden Club (GIGC) does around New Castle?

WHO WE ARE...

We're a group of approximately 60 individuals who love to garden, learn about gardening, and share our creative talents around Great Island (New Castle). We welcome beginning gardeners as well as master gardeners. Our members are primarily from New Castle however we welcome anyone from the Seacoast Area.

WHAT WE DO...

At our monthly meetings, we have social time and educational programming on a wide range of gardening and environmental topics. We design, plant, and maintain 7 gardens around the island. Our annual fundraisers (Daffodil sale, Plant sale, Great Island clothing sale) support local organizations that share our mission. This year, the GIGC contributed to the Safe Path Project and New Castle Historical Society gardens.

The GIGC is a unique club because we believe in community beautification, civic improvement, and neighborhood connection. In addition to our educational programs, we hold social events, cocktail parties, and holiday luncheons. And, in June 2023, we will be running "**The Secret Gardens of New Castle**" tour as part of New Castle's 400th anniversary (see below).

The GIGC web site is a great resource for more information: www.greatislandgardenclub.org.

HOW TO JOIN...

It's easy! Send your contact information (name, address, phone, and email) and a check payable to GIGC to cover your individual annual dues of \$60 to Jane Page, GIGC Treasurer, PO Box 49, New Castle, NH 03854.

If you have any questions, please contact Membership Committee Co-chairs:

Mary Briggs: mary.r.briggs@comcast.net (781) 258-9289 or Linda Patchett: Linda.J.Patchett@gmail.com (603) 667-5003.

"The Secret Gardens of New Castle" Garden Tour

In celebration of the 400th anniversary of the settling of New Castle, the Great Island Garden Club is pleased to announce "**The Secret Gardens of New Castle**" garden tour on **Saturday, June 17, 2023**. Gorgeous gardens at 12 locations in the Historic District will be open to the public. During tour hours, the New Castle Historical Society has kindly offered to have their museum open to visitors and the New Castle Congregational Church Guild will be hosting a bake sale as well.

Visit our website (www.greatislandgardenclub.org) soon for updates and more information on the tour and ticket sales. Mark your calendars now!



The Missions Committee originally designated Disabled American Veterans as its mission for this month. Mother nature has dictated that we must put off the DAV until December in order to deal with hurricanes in Puerto Rico and Florida. The United Church of Christ has launched an emergency appeal for hurricanes in 2022 including Fiona, Ian, and those still to come. This fund specifically covers the damage in Puerto Rico and Florida and has been chosen as our new mission for November.

You may be interested to learn that two of our missions earlier this year have been serving in both locations. In July we supported World Central Kitchen (WCK). Support to Direct Relief followed in August. WCK has served more than 310,000 meals to communities affected by Hurricane Fiona. Chef Jose Andres was in Florida before the hurricane arrived and has had a similar impact there.

Direct Relief was able to support Puerto Rico after Fiona very quickly from their staff and stockpile of goods designed to support the Caribbean area. Their help included medical supplies and equipment, food and water, personal items, and electricity generation equipment. They provided similar support in Florida after Hurricane Ian.

To join us in supporting Hurricane relief in Puerto Rico and Florida, send your check to the church by November 30th. Be sure to put "Missions" in the memo line of your check. Thank you!

Our Missions' thought for the month comes from Saint Augustine who wrote:

"Find out how much God has given you and from it take what you need; the remainder is needed by others."

Douglas Aykroyd



New Castle Historical Society

Work on our lovely Museum Woodland Garden continues. Board members Jennie Schwartz and Patty Frawley have undertaken the extreme task of cleaning out years of debris and undergrowth, gardening and landscaping the lot of land. They have been capably helped by Mary Kennedy, an active volunteer on the committee. Nancy Borden also serves on the committee.

In support of the garden project, we have begun a fundraising campaign to raise the money we need to complete the garden. Before our letters even went out, we had raised \$20,000 from some very generous town and Board members. Since the letters have gone out, we are now up to \$41,000 with more donations coming in every day. Please consider how beautiful the garden is

going to be for the town and donate generously. We are trying to reach a goal of \$75,000 so we can complete all the necessary work, including rebuilding the stonewall along the street. Fall plants will be going in soon!



The NCHS is also hard at work putting together a robust celebration of the Town's 400th celebration. The events will in-

clude historical reenactments on the Commons, a colonial dance that same night, summer village walking

tours and the publication of A History of New Castle by J. Dennis Robinson. These events will be in conjunction with the NC Garden Club's walking tour and a 4th of July parade. Stay tuned for possible other events to celebrate this momentous year.

To help educate and remember the glorious history of New Castle, the museum has presented a lively slate of programs starting in April and running to the current day. We led off with a dynamic presentation by Dr. Alexandra Martin of Strawberry Banke. Alix enlightened us about Abenaki culture. In May, Dr. Emerson 'Tad' Baker taught us about the now world-famous Demers collection of pottery, found off the coast of New Castle and featuring many beautiful pottery pieces. In June, our program featured Kevin Gardner, the stone wall guy. Kevin specializes in the region's famous stone walls and even built one while he was speaking. In June, our wildly popular village walking tours began and ran through September. These proved to be as popular this year as they were last year. We will run them again next year. The tours featured Town Historian Carol White, and several of our board members as the tour guides. In August, board member Jim Cerny presented a talk called "If Walls Could Talk," focusing on the beautiful summer mansions that once graced Rose Hill Lane. Jane Sweeny helped design the talk. In September we held a members-only soiree at the Anchor house [or George Walton tavern] in New Castle. This event, featuring author J. Dennis Robinson, hosted over 60 members. Dennis is writing The History of New Castle, due out in 2023. Please join the NCHS so you can attend events like these. October brought us the program called "Tripping Over Cemeteries," about the cemeteries of New Castle, given by Town Historian Carol White. November will be our annual meeting, topped by the Island's 60-year-olds talking about growing up in New Castle. We strongly recommend our programs and hope to see you all there! Programs are run at the museum; however, we also offer the Zoom option. See our website for the Zoom link. It is on the home page.

On October 20th, the Maude Trefethen School visited the museum. The children studied the panel maps featured on the museum's walls. Nancy Borden

presented a slide show on the history of New Castle. We then treated the kids to a scavenger hunt. It ended with the awarding of a cookie [or two] for all who found the items hidden away for the hunt.

Following our November program, the NCHS takes the winter off. Our programs resume in April of 2023 and promise to be another great slate of topics of interest to our members and the general public. Got an idea for a program? Let us know.

Attention continues to be drawn to our now world-famous Demers collection of pottery found in the shipwrecks in Harts Cove and off Salamander Point. Dr. Alix Martin, UNH and Strawberry Banke archeologist, brought her Lab Methods Field School to the museum. Students helped catalog the artifacts and enjoyed being around such an incredible collection. Dr. Bob Barth, English stoneware expert, visited the museum and spent time with archaeologist and historian Dr. Tad Baker and Dr. Alix Martin. He identified a near-complete English dry-bodied stoneware teapot from the Demers collection. These are fancy pieces imitating Chinese Yiping wares, which are extremely rare in American archeology sites, especially in such good condition. Barth says it was made in Staffordshire, around 1765. A beauty! Merry Abbott Outlaw, Senior Jamestown curator and editor of the acclaimed book: Ceramics in America, visited the museum for two days and was amazed by our remarkable collection. She helped Drs Baker and Martin in cataloging our artifacts. She also invited members to bring in unusual items from their own homes which she then identified and dated.

We will soon be launching our membership drive for 2023. We hope you will join or renew and be part of the incredible history of New Castle.

If you have not yet donated to our fund-raiser for the Museum Woodland Garden, please do so and help us reach our goal so we can complete what promises to be beautiful space that will be a treat for the museum, the Historic District and the whole town!

And don't forget to follow us on Facebook at New Castle NH Historical Society, and check out our website: www.newcastlenhhistoricalsociety.org.

Elaine Nollet and Dawn Lake

Recreation Committee-Guy Stearns



We want to thank all of our neighbors who volunteered and/or participated in the 2022 Great Island 5K held on October 9. It was a perfect day for the race and a good time was had by all. We are and always have been a community race; 72 of this year's 489 finishers were from New Castle! We especially want to recognize the surge in our New Castle walkers.

The GI5K is a 501 c3 non-profit with 100% of our proceeds going to charity. In 29 years, we have raised over \$320,000 for causes in New Castle and throughout the Seacoast. Please walk or run with us next year on Sunday October 8th for what will be

a very special 30th GI5K celebration!

For those of you who haven't heard, the New Castle Library in conjunction with the Recreation Committee is offering a Health Living series which educates and provides classes for a healthy lifestyle. We currently offer a free Yoga class on Tuesdays at 9:00am, a Walking group on Thursdays at 8:30am and Strength and Conditioning classes at 8:30am on Wednesdays and Fridays at a cost of \$10 per class. More information on the series and these offerings can be found at the library.

In the pipeline....



At the request of a number of residents we are looking into providing Pickle Ball at the Recreation Building. Also, this winter we plan to offer a "Learn How to Play Cribbage" class followed by the first annual New Castle Cribbage Tournament. Stay tuned for more information on these activities!



As the winter weather approaches, please remember that there is no on-street parking during a snow storm. Keep an eye out for the snow emergency signs posted at the ends of the island as well as across from the church which will inform you of when the on-street parking ban is in effect. Also, to protect your lawn, the department encourages residents to put up snow stakes along their lawn. This helps identify the where the lawn is during heavy snow events. Thanks for your cooperation, and feel free to reach out with any questions or concerns.

Chris Robillard, Superintendent of Public Works



Happy fall to all! Over the past several months we have had an increased number of emergency calls for strokes and heart-related conditions. The following, developed in conjunction with our partners at Portsmouth Regional Hospital, is a brief look at recognizing the symptoms of these conditions and what you can do to take action.

Stroke

Portsmouth Regional Hospital **Strokes Happen Suddenly**

BE READY TO BE FAST!

B	E	F	A	S	T
BALANCE LOSS	EYES BLURRED	FACE DROOP	ARM WEAKNESS	SPEECH	TIME
Loss of balance or coordination, headache or dizziness.	Trouble seeing in both eyes, with blackened or blurred double vision.	One side of the face is drooping or numb.	Weakness of the arm, leg or face, especially on one side of the body.	Difficulty speaking or understanding speech.	Seconds count! Call for an ambulance.
					FAST!

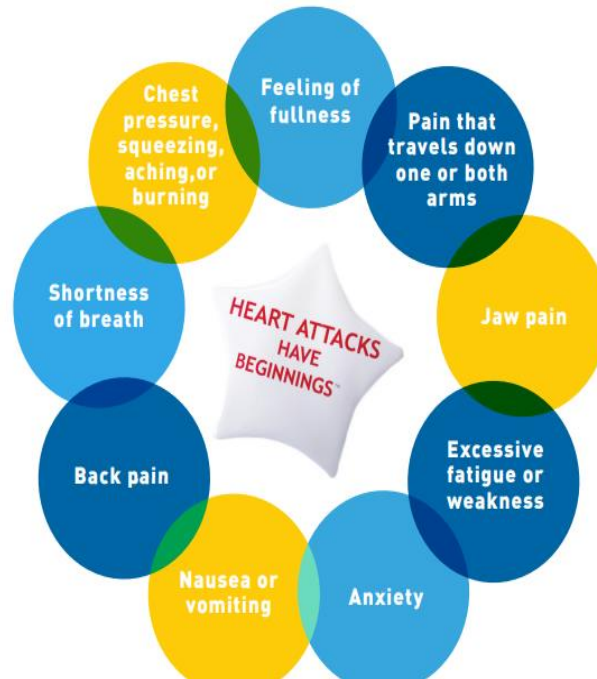
Reduced blood flow to an artery in your brain. Could be from a blockage or a clot (Ischemic Stroke) or from a ruptured blood vessel (Hemorrhagic Stroke). Reduced blood flow affects the ability for the brain tissue that is fed by these arteries to function properly. This presentation can be a subtle numbness in one extremity or a more severe inability to move an arm or leg, or difficulty speaking. Untreated, strokes can very quickly lead to irreversible disability. Fast arrival to an acute care hospital within 4 hours of symptom onset gives the best options for treatment. **TIME IS BRAIN. CALL 911 without delay.**

SURVIVE.
DON'T DRIVE. **CALL 9-1-1**

Minutes count- know the symptoms. Call 911 and have your medication list ready.

ACS (Acute Coronary Syndrome) or “Heart Attack / Chest Pain”

Reduced blood flow to the arteries on the outside of the heart muscle. Reduced blood flow affects heart function and can result in various symptoms including, but not only, pain in the chest. As reduced blood flow continues, the heart muscle loses its ability to function and this can result in the inability to pump blood to other organs, such as the brain, kidneys and lungs, causing additional symptoms like confusion, heart palpitations and shortness of breath. CALL 911!



Sepsis

Sepsis has also been known as “blood poisoning.” Any kind of infection can develop into sepsis if left untreated. Some common causes are things like: Wounds that are not healing, painful, swollen, red or oozing, urinary tract infections, respiratory infections like pneumonia, etc. Please seek help right away if you or a loved one may have an infection and any combination of the following:

Temperature- higher or lower than normal.

Confusion, dizziness or lightheadedness.

Rapid heart rate or feeling like heart is racing.

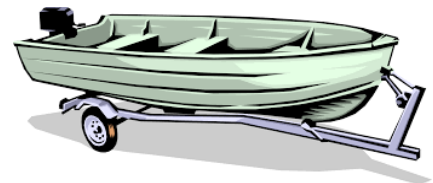
Shortness of breath or breathing faster than normal. Severe pain in focused area.

FOR ALL EMERGENCIES DIAL 911

TOWN OF NEW CASTLE
PO Box 367
49 Main Street
New Castle, NH 03854-0367

PRSR STD
ECRWSS
US POSTAGE
PAID
PERMIT 25
PORTSMOUTH, NH

New Castle Resident



Boats and Trailer Storage at The Commons:

~ Please Make Sure Your Boat, RV/Camper Application Has Been Filled Out ~

The residents of New Castle are permitted to store their trailers in the summer (2nd Saturday in May till the 2nd Sunday in September. The boats/RV'S can then be stored from the 2nd Saturday in September until the 1st day of June. Residents are **required** to fill out applications for trailers and boats/RVs, and to let the office know when the they will arrive at the Common. These forms are available on our Town Website, and can be dropped off or mailed with all valid identification included with application.

This spring the Common had 30 plus trailers with only a few applications thus causing hours of work to search for owners, as many do not put current-colored stickers on for easy identification. The only way we can find who owns the trailer is by plate number. Applications can print forms from the town's website and mail in with fee and we will mail you back a sticker. We are asking residents to please come do applications for trailers in spring and boats/RVs in the fall before they are stored. Also ask that residents adhere to dates of removal as in the spring the town uses the boat storage area for school buses that come to the Common. This was quite a problem this spring with boats not being removed timely & the dates required as such.

****There are two storage forms, one for boats/RVs and one for trailers to be done every year when storing at the Common. In the past, we tried to combine the forms but that did not work out. Copies of current registrations are required along with proof of insurance need to be presented with the application of storage.**

The cost of Boat Storage: \$6.00 a ft.

The cost of Trailer Storage: \$4.00 a ft.