



Town of New Castle, NH  
Settled 1623  
Incorporated 1693

## COVID19 Update January 11, 2021

• Today there is a little more light at the end of the tunnel in the COVID19 pandemic. The NH DPHS quarantine guidance for people who are fully vaccinated or previously infected with SARS-CoV-2 has been updated (Quarantine Guide). This guidance applies to the general public, businesses, schools, and healthcare facilities, including long-term care facilities (LTCFs) and assisted living facilities (ALFs).

**The following people do NOT need to quarantine after an unprotected exposure to a person with COVID-19, or after travel outside of New England:**

**A person who is 14 days beyond the second dose of their COVID-19 vaccine (i.e., 14 days after full vaccination).  
A person who is within 90 days of a prior SARS-CoV-2 infection diagnosed by PCR or antigen testing.**

People with prior infection should be vaccinated to provide the highest level of protection against COVID-19.

• Staff and residents of LTCFs/ALFs (Long Term Care Facilities/Assisted Living Facilities) who are at least 14 days beyond their second dose of a COVID19 vaccine, or who are within 90 days of a previous SARS-CoV-2 infection (diagnosed by PCR or antigen testing), may be exempted from the COVID-19 Resident and Staff Surveillance Program (CRSSSP) unless otherwise required to test under CMS requirements.

**• Regardless of prior infection or vaccination status, any person with new or unexplained symptoms of COVID-19 still needs to isolate (Isolation Guide), and be evaluated for COVID-19 testing.**

• NH DPHS and CDC continue to discourage any non-essential travel, even for people fully vaccinated or previously infected because protection is not 100%, durability of immunity is still unknown, and there are new circulating strains of SARS-CoV-2 in other states and countries that are being investigated.

• COVID-19 vaccination is currently only available for Phase 1a persons.  
All persons in Phase 1a are eligible for vaccination, including “moderate risk” health workers and first responders.

• Vaccination for persons in Phase 1b is not yet open, but is expected to begin by the end of January. NH DPHS will provide instructions to the public on how to register for and access vaccination. They are not out yet.

Below is a graphic of the vaccine phases.

Yours in Health,

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# When can I get a **COVID-19 VACCINE** in NH?



## PHASE 1

### PHASE 1A

- High-risk health workers
- First responders
- Older adults living in residential care settings

### PHASE 1B

- People  $\geq 75$  years old
- Medically vulnerable at *significantly* higher risk with 2 or more conditions
  - Family caregivers of those medically vulnerable persons,  $\leq 16$  years old not eligible for vaccine
- Residents and staff of residential facilities for persons with intellectual and developmental disabilities
- Corrections officers and staff working in correctional facilities
- First responders and health workers not already vaccinated

**DECEMBER - MARCH\***



## PHASE 2

### PHASE 2A

- People 65 - 74 years old
- K-12 school and childcare staff

### PHASE 2B

- People 50 - 64 years old

**MARCH - MAY\***



## PHASE 3

### PHASE 3A

- Medically vulnerable <50 years old at *moderately* higher risk with 1 or more conditions

### PHASE 3B

- Everyone else not already vaccinated

**MAY and BEYOND\***

**Additional details are coming soon.**

Contact your healthcare provider for more information and visit [NH.gov/COVID19](https://www.nh.gov/COVID19) for updates.

**ReadyNH.gov**  
TAKE ACTION. BE SAFE.

\*Estimated time frame depends on vaccine doses allocated to New Hampshire from the federal government and vaccine uptake.

